Philosopher Paul Feyerabend’s *Against Method* is a breath of fresh air for anyone who feels that societal rules and norms and scientific do’s and don’ts are as likely to get in the way as help.

—Rosemarie Anderson

Contributions by three realized masters in the Naqshbandiya lineage.

A lay Tibetan lama from the Nyingma tradition, author of *The Magic of Awareness*, and *No Self, No Problem*.

—Paul M. Clemens


—Jack Engler

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... Michael S. Hutton-Woodland


This may be the most controversial book that the American Psychological Association has ever published. It is a post-materialistic text that asserts the primacy of consciousness. It is theory-driven and data based, and its critics will need to rebut both pillars of this imposing structure.


This remarkable book is a collection of contributions by people who are striving to change the prevailing paradigms underlying contemporary American culture. The environmental movement is the core of a tree that has many branches, including Native American land management, gift economies (e.g., Trobriand Islanders’ “exchanges”), parking lot jam sessions, participatory urban planning, and dozens of other transformative ideas and practices.


This is more than a collection of humorous, profound, and poignant verses; it is a reflection on the poet’s life, accompanied by photographs that chart the course of a journey well-traveled.

... Stanley Krippner


... Francis Lu


This book has been around for a while, but I missed out on Judith’s work because I was living and working overseas. It is a compelling story about someone’s development as a ‘seer’ and has surprising parallels to my own story, detailed in my 2014 book, *The Way of a Seer*. 

... Michael S. Hutton-Woodland

Lisa Randall is a highly gifted mathematical physicist who is able to unravel the arcane world of multi-dimensional string theory into a conceptual framework accessible to the non-technical reader.


Re-reading this after many years. It has a lot to say to us as we deal with the political/social world of contemporary America.

... Peter Nelson


The author’s excellent scholarship is based on extensive practical experience and extensive training and accomplishment in the meditative traditions, not just book learning.

Shinzen was in a prestigious Ph.D. program on Eastern spirituality but had the rather non-academic idea that before he wrote his dissertation on meditation, he might actually spend some time in some culture where they actually did meditation... What a wild idea! Who in the world would want actual experience instead of just book learning? Off he went to Japan. He could already speak fluent Japanese, so language wasn’t a problem. He went to a Shingon monastery, which preserves a form of a Vajrayana Buddhism that came to Japan, and they told him no way would he be allowed to “study” what they did, but if he wanted to become a monk, he could learn from the inside.

He never went back to finish his dissertation, but became a monk in many different traditions before finally returning to the United States. One of his goals was to make effective meditation techniques available to Westerners in a more suitable form than the “samurai boot camp” stuff he had to go through, which is good with me!

... Charles T. Tart


A fine contribution to our understanding of the universal path of love as illuminated across traditions and contemporary scientific perspectives.

... Frances Vaughan


A week of intensive personal interviews by Abrams with two living spiritual icons, with interspersed psychological research findings. Neither polyannish nor denialist in their teaching on joy, they engage real world issues in a heartfelt, informed real way.

Designed to stimulate interest in the bizarre, strangely profound, unusual and weird aspects of natural wonders and human culture, this full color illustrated collection of 600 entries, can also be seen as a partial history of homo sapiens’ confrontation with the oddities of the world and an attempt to understand the great mysteries of human life and death.

... Miles Vich


... Jenny Wade

**Erratum**

In Books Our Editors Are Reading, Volume 48(1), 2016, the word “reviewing” appeared in lieu of “revealing” in comments about a book Miles Vich recommended (publication error). The correct wording is:


Extensive, revealing, wide-ranging interviews with males 9-90 years.

... Miles Vich
Books. Some people are fond of reading, while others consider it to be a waste of time. Different people have different attitude to
reading. Some of them have dozens of books in their houses and consider reading to be their favourite pastime. Other people prefer
watching TV to reading books. Personally, I get a lot of enjoyment out of reading books. Our family loves gathering in the sitting room in
the evening and reading books: fairy tales, novels, detective stories, thrillers, fantastic stories and what not. It has become a tradition and
I'm sure it makes our family united. To my mind, books 11 professional editors share their top tips on how to start a story that gets
readers' attentions. How to Start a Story: 11 Tips From Our Editors. Most writers don't begin the novel-writing process knowing
exactly how to start a story. That comes later, once the narrative arc has taken clearer form. It's also because the opening lines of a
novel carry a lot of responsibility with them. They act as an invitation for someone who's glanced at the first page of your book to
either put it back down or keep reading. Which line makes you want to read on? I'd hazard a guess that it's probably the sentence
about being perched at a sink—the opening line to one of my favorite novels, I Capture the Castle by Dodie Smith. Say something in
your first few sentences that hasn't often been said before! We earn a commission for products purchased through some links in this
article. Our books editor reveals her best books of the year. From the hundreds she's read this year, here's her top 20 By Joanne
Finney. 07/12/2020. Good Housekeeping. This emotional roller-coaster of a year has brought home to many of us just how important
reading is as a source of comfort and escape. Book lovers have certainly been spoilt with a veritable feast of fantastic fiction and non-
fiction over the last 12 months, from literary gems to moving memoirs. Picking just 20 books wasn't an easy job but