**Books Our Editors Are Reading**

(Original published in 1975)

Philosopher Paul Feyerabend’s *Against Method* is a breath of fresh air for anyone who feels that societal rules and norms and scientific do’s and don’ts are as likely to get in the way as help.

...Rosemarie Anderson


Contributions by three realized masters in the Naqshbandiyya lineage.


A lay Tibetan lama from the Nyingma tradition, author of *The Magic of Awareness*, and *No Self, No Problem*.

... Paul M. Clemens


... Jack Engler


... Jorge Ferrer


... Michael S. Hutton-Woodland


This may be the most controversial book that the American Psychological Association has ever published. It is a post-materialistic text that asserts the primacy of consciousness. It is theory-driven and data based, and its critics will need to rebut both pillars of this imposing structure.


This remarkable book is a collection of contributions by people who are striving to change the prevailing paradigms underlying contemporary American culture. The environmental movement is the core of a tree that has many branches, including Native American land management, gift economies (e.g., Trobriand Islanders’ “exchanges”), parking lot jam sessions, participatory urban planning, and dozens of other transformative ideas and practices.


This is more than a collection of humorous, profound, and poignant verses; it is a reflection on the poet’s life, accompanied by photographs that chart the course of a journey well-traveled.

... Stanley Krippner


... Francis Lu


This book has been around for a while, but I missed out on Judith’s work because I was living and working overseas. It is a compelling story about someone’s development as a ‘seer’ and has surprising parallels to my own story, detailed in my 2014 book, The Way of a Seer.

Lisa Randall is a highly gifted mathematical physicist who is able to unravel the arcane world of multi-dimensional string theory into a conceptual framework accessible to the non-technical reader.


Re-reading this after many years. It has a lot to say to us as we deal with the political/social world of contemporary America.

… Peter Nelson


The author’s excellent scholarship is based on extensive practical experience and extensive training and accomplishment in the meditative traditions, not just book learning.

Shinzen was in a prestigious Ph.D. program on Eastern spirituality but had the rather non-academic idea that before he wrote his dissertation on meditation, he might actually spend some time in some culture where they actually did meditation. ... What a wild idea! Who in the world would want actual experience instead of just book learning? Off he went to Japan. He could already speak fluent Japanese, so language wasn’t a problem. He went to a Shingon monastery, which preserves a form of a Vajrayana Buddhism that came to Japan, and they told him no way would he be allowed to “study” what they did, but if he wanted to become a monk, he could learn from the inside.

He never went back to finish his dissertation, but became a monk in many different traditions before finally returning to the United States. One of his goals was to make effective meditation techniques available to Westerners in a more suitable form than the “samurai boot camp” stuff he had to go through, which is good with me!

… Charles T. Tart


A fine contribution to our understanding of the universal path of love as illuminated across traditions and contemporary scientific perspectives.

… Frances Vaughan


A week of intensive personal interviews by Abrams with two living spiritual icons, with interspersed psychological research findings. Neither polyannish nor denialist in their teaching on joy, they engage real world issues in a heartfelt, informed real way.

Designed to stimulate interest in the bizarre, strangely profound, unusual and weird aspects of natural wonders and human culture, this full color illustrated collection of 600 entries, can also be seen as a partial history of homo sapiens’ confrontation with the oddities of the world and an attempt to understand the great mysteries of human life and death.

... Miles Vich


... Jenny Wade

**Erratum**

In Books Our Editors Are Reading, Volume 48(1), 2016, the word “reviewing” appeared in lieu of “revealing” in comments about a book Miles Vich recommended (publication error). The correct wording is:


Extensive, revealing, wide-ranging interviews with males 9-90 years.

... Miles Vich
We earn a commission for products purchased through some links in this article. Our books editor reveals her best books of the year. From the hundreds she’s read this year, here’s her top 20 By Joanne Finney. 07/12/2020. Good Housekeeping. This emotional roller-coaster of a year has brought home to many of us just how important reading is as a source of comfort and escape. Book lovers have certainly been spoilt with a veritable feast of fantastic fiction and non-fiction over the last 12 months, from literary gems to moving memoirs. Picking just 20 books wasn’t an easy job but You might be spending more time at home lately, but these books, favorites of the TripSavvy staff, will help to keep your travel spirit strong. As travel editors, we’re constantly searching for ways to explore far-off places even when we’re grounded for a bit, and these travel books—a mixture of personal essays, historical fiction, and thought-provoking reads—help keep that wanderlust alive from the comfort of home. 01 of 08. The Shadow of The Wind by Carlos Ruiz Zafón. From books with cult followings such as Big Little Lies to autobiographies, here’s what we’re currently reading at AOL. Product prices are subject to change and reflect the date the article was published. RELATED: Shop 50 books to read in a lifetime. This content is not available due to your privacy preferences. Update your settings here to see it. More from Shop on AOL 20 best-selling books of 2017 from Amazon (so far) 14 self-help books to survive the end of Mercury retrograde 27 little white dresses to replace your LBD this summer. Tags. amazon. AOL. Here’s Everything PureWow Editors Are Reading While Social Distancing. Social distancing is a great time to catch up on Netflix, Hulu and Amazon Prime Video, for sure, but don’t forget about good old books. We asked nine PureWow editors to share what they’re reading while being cooped up at home. From oldies but goodies to a yet-to-be-published novel and a... Throughout the year, we’ll be adding new books to this list at the start of each month to keep all of our favorites in one place. Expect a mix of compelling memoir, literary fiction, riveting psychological thrillers, original historical fiction, thought-provoking nonfiction, and so much more as our editors vet dozens of books each month to compile our top picks—the books we think you should buy or add to your to-read pile! When you read a book, you use your brain very actively because reading is a very active process. When a writer does a lot of work, even the reader also works hard. When you read something from an English book, you either imagine a scene in your head, or understand clearly what the writer is trying to say and choose to agree or disagree with the writer. Reading is relaxing as it takes your mind off the present work pressure. Reading allows you to increase your intelligence, become more creative, access inexpensive entertainment, and find a way to reduce stress. I’ll explain why reading is important in our daily life with an example. I’ve read this on quora itself. Worth sharing it again.